

## Proclamation

September 2021 as National Recovery Month

WHEREAS, Mental health and substance use disorders affect all communities nationwide, with commitment and support, those impacted can embark on a journey of improved health and overall wellness.

WHEREAS, The focus of *National Recovery Month (Recovery Month)* this September is to celebrate all people that make the journey of recovery possible by embracing the 2021 theme, "*Recovery is For Everyone: Every Person, Every Family, Every Community.*"

WHEREAS, *Recovery Month* spreads the message that no one needs to struggle alone with addiction and that people can and do recover every day;

WHEREAS, The impact of mental health and substance use disorders is apparent in our local community with many people in Orange County affected by these conditions;

WHEREAS, Dedicating September as *Recovery Month* fosters awareness of the signs of mental health and substance use disorders and encourages people in need of recovery services to seek help. Managing the effects of these conditions helps individuals achieve healthy lifestyles, both physically and emotionally; and

WHEREAS, the Community is invited to visit [ocrecoveryrally.org](http://ocrecoveryrally.org) to learn about the upcoming Recovery Connection Rally event on Saturday, September 25, 2021, in Garden Grove.

NOW THEREFORE, The City of Garden Grove City Council does hereby proclaim the month of September 2021 as *NATIONAL RECOVERY MONTH* in Garden Grove and calls upon our community to observe this month and support this year's observance, the 32nd anniversary of Recovery Month.

September 14, 2021